



LOHS Girls Lacrosse Spring Youth Clinic

Saturday, March 7th, 2020

With Coach Lauren Anderson and the Acclaimed
Lake Oswego Girls High School Lacrosse Players

- **Beginner Players:** We would love BRAND NEW players to come out and try the sport. Equipment will be provided at the Clinic for those who do not have (however, please bring your own mouthguard).
- **Intermediate Players:** You'll learn some key techniques and skills to practice, get to know some of the LOHS players as well as extra time on the field with your peers prior to the Spring Season.
- **Experienced Players:** We'll teach you some new strategies, fun tricks, and great drills to get your game into peak form prior to the 2020 Lacrosse Season!

Who: All Youth Girls – Grades 1st-8th

When: Saturday, March 7th, 1:00 pm – 3:00 pm (please arrive early to check-in & get equipment if needed)

Where: Lake Oswego High School Stadium Turf Field

Cost: \$45

Bring: Your stick, goggles & cleats if you have them, a mouthguard and water bottle and come ready for fun!

Register online at www.losdcommunityschool.com – look for class title:
LOHS GIRLS LAX SPRING YOUTH CLINIC (Grades 1-8)

Questions: Contact Laurie Ivey at iveylaurie@gmail.com

Additional Info: Come out and watch the Oregon vs. Fresno State Women's Lacrosse game with us the next day!
Sunday, March 8th, 10:00 am at the LOHS field!